

## Life After Divorce

### Support and Recovery Treatment Group



The grief process can seem like a very long and lonely path. However, there is hope!

*Through this 12 lesson support and treatment group experience, individuals can discover the path of hope and healing they have only dreamed of achieving.*

### Life After Divorce

*Offering a Christian perspective on the difficult struggles with:*

*Facing Divorce*

*Grief & Loss*

*Forgiveness*

*Starting Over*

*New Relationships*

*Children & Divorce*

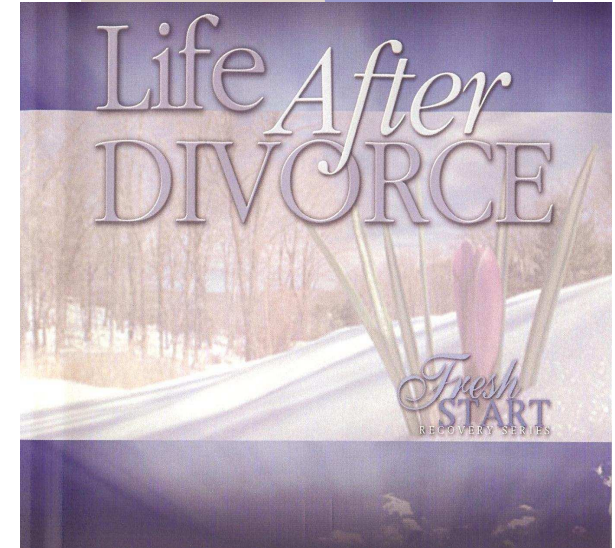
*And Much More!*



### Change Is Possible Counseling Services, LLC

2122 Fifteen Mile Road, Suite B  
Sterling Heights, MI 48310

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[www.changeispossible.biz](http://www.changeispossible.biz)



### Support and Recovery Treatment Group

*Presented by  
Change Is Possible  
Counseling Services, LLC*

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## Life After Divorce

### Support and Recovery Treatment Group

The divorce process can be an overwhelming and sometimes devastating life experience. Almost every aspect of an individual's life will be affected. These drastic changes may bring about new and uncomfortable feelings that a person is not prepared for dealing with.

In the early days of the divorce process, family and friends are available and willing to lend an attentive ear. As the weeks turn into months—these loyal listeners become less accessible and the pain and loneliness can seem unbearable. Often times, being alone appears intolerable.

By signing up for and attending this 12 session support & recovery treatment group, a person going through this life style change can discover support and healing!

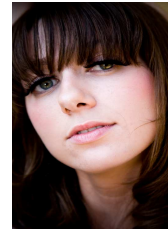


## Fresh Start: Life After Divorce

During this support and recovery treatment group, individuals will receive confidential, compassionate, and professional guidance from a licensed clinical therapist who is a specialist in the field of marriage, divorce and family issues.

Participants will learn through video presentation, group discussion and take-home assignments:

- ◆ Unit One — Facing divorce by dealing with early emotions and moving toward acceptance
- ◆ Unit Two — Moving through the pain of grief and loss and healing through the stages of grief
- ◆ Unit Three — Discovering forgiveness by releasing the bitterness and forgiving the unforgiveable
- ◆ Unit Four — How to start over by building a new life and unlocking the five keys to starting over
- ◆ Unit Five — Building new relationships, overcoming the barriers to beginning to trust again, and finding new relationships
- ◆ Unit Six — Dealing effectively with the fragile issue of children and divorce while applying specific ways to support your children



## *Thinking About Sign- ing Up?*

In case you are seriously considering becoming a part of this life-changing support and recovery treatment group, please contact us at **Change Is Possible** and ask to speak to the therapist who is facilitating the group. They will be able to answer any questions you may have and prepare you with dates and times of the next series.

### **Do Not Delay—**

Call or visit our facility today and begin the healing journey toward wholeness!



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